

RAMPAGE THE ROOTS: MONTANA'S ULTRA CHALLENGE

GHOSTS OF YELLOWSTONE 100M AID STATION OPENINGS, CUT-OFF TIMES, AND PACE CHART

Description / Junction	Aid Station (AS) or Safety Point (SP)	Total Distance	Distance to next AS or SP	Aid Station Open	Cut-off Time (Time of Day)	OVRL AVG. PACE (min/mile)	Pacer Start*
START---PONY PARK		0	8.7	6:00	N/A		NO
Arrive Mammoth; left on FSR 107 leaving	AS#1	8.7	4.0	7:00	8:30	17.24	NO
FSR 107 & TRL 7159;	AS#2	12.7	3.1	8:00	9:45	16.54	NO
Curly Lake TRL 7159	SP-A	15.8	8.9	Water Point	N/A	N/A	NO
Intersection of TRL 7159 & TRL 7152; Right on TRL 7152 (Water Point)	SP-B	24.7	4.3	Water Point	N/A	N/A	NO
McGovern Creek Trail Aid Station	AS#3	29.0	1.3	11:00	N/A	N/A	NO
Arrive Mammoth; Intersection of FSR 107 & TRL 7149. Left onto fire road back towards Pony	AS#4	30.3	8.6	N/A	15:00	17.82	NO
Hollow Top Mtn Aid Station	AS#5	38.9	5.1	12:00	18:00	18.51	NO
TRL 6333 & TRL 6306	AS#6	44.0	5.1	13:00	N/A	N/A	NO
Hollow Top Mtn Aid Station	AS#7	49.1	2.0	OPEN	N/A	N/A	NO
START/FINISH AREA ---PONY PARK	AS#8	51.1	8.7	14:00	0:00	21.14	YES
Arrive Mammoth; right on FSR 107 leaving	AS#9	59.8	1.3	OPEN	3:00	21.07	YES
MCGOVERN CREEK AID STATION	AS#10	61.1	4.3	OPEN	4:00	21.60	YES
Left onto 7159 (Water Point)	SP-B	65.4	8.9	Water Point	N/A	N/A	NO
Stay on TRL 7159	SP-A	74.3	3.1	Water Point	N/A	N/A	NO
CULRY TRAIL AID STATION: Left on FR 107	AS#11	77.4	4.0	OPEN	11:00	22.48	NO
Arrive Mammoth; right onto fire road back towards Pony	AS#12	81.4	8.6	OPEN	12:30	22.48	YES
HOLLOW TOP MTN AID STATION	AS#13	89.9	5.1	OPEN	15:30	22.36	YES
Intersection of TRL 6333 & TRL 6306	AS#14	95.0	5.1	OPEN	17:30	22.42	NO
Hollow Top Mtn Aid Station	AS#15	100.1	2.0	OPEN	19:00	22.18	YES
FINISH---PONY PARK	FINISH	102.1	0.0		20:00	22.33	

*Pacers can start at any of the following points

** Based on making cut-off time @ last minute

*** Walk-in and shuttle access from Pony ONLY. Violators will not be appreciated.

Block highlighted block denotes next day